



FALL WORKSHOP

September 23-24, 2022

8:00am–4:30pm MST

Colorado Springs, Colorado

Featuring

Kadesha Adalakun, LCSW, RPT-S, PMH-C



Kadesha Adelakun is a Licensed Clinical Social Worker (LCSW) in the states of Georgia, New Jersey, and Florida, and a Registered Play Therapist-Supervisor (RPT-S). She also has a Perinatal Mental Health-Certification (PMH-C). She is the founder and owner of The Journey Counseling Services in Kennesaw, GA. She specializes in working with children ages 3-18, adults, and families, as well as perinatal mental health. She is very active in her community for racial and social justice.

Due to the continued community spread of COVID-19, please be prepared to wear masks while indoors. KN-95 or N95 masks are recommended. We reserve the right to change requirements should the board, UCCS, city, state or CDC deem necessary. Thank you, in advance for your cooperation, and for helping us to keep everyone safe.



DAY 1



Good Trouble: Moving from Ally to Accomplice in the Playroom

Description

We've all heard statements like "politics don't belong in a therapeutic setting or in the playroom." However, statements like that often come from a place of privilege and can sometimes cause harm to our clients. Black, Indigenous, and People of Color (BIPOC), as well as other marginalized groups, do not have that privilege, as they are often directly and indirectly faced with racism, social injustice, and microaggression.

This interactive workshop will assist play therapists in moving from ally to accomplice in the playroom. Participants will learn to be aware of social issues that are going to come into the play and impact the therapeutic process. Oppression, privilege, and being anti-racist, as well as clinical implications, case conceptualization, and advocacy planning will be discussed.

Objectives

- Increase awareness of social issues that come into play and impact the therapeutic process in play therapy
- Recall three ways to incorporate social justice in the playroom
- Implement four behavioral tools for fostering an anti-racist and supportive environment in play therapy

DAY 2



Racial Trauma and the Ethics of Cultural Humility in the Playroom

Description

While many therapists learn about and are aware of Posttraumatic Stress Disorder (PTSD), many are not very familiar with Racial Trauma. We will explore trauma that results from experiences of racism and how that can lead to a form of PTSD amongst Black, Indigenous, and People of Color (BIPOC), including children and adolescents, called Racial Trauma. BIPOC youth are not exempt from experiencing racial trauma in their lives, due to such things as systemic oppression and other ongoing individual and collective injuries from constant exposure to race-based stress.

Play Therapists should work to prevent and effectively treat psychological and physical distress experienced as a result of the racism faced by BIPOC youth. Through the lens of cultural humility, we will focus on several topics relevant to ethical practice. We'll discuss the importance of assessing and treatment interventions that incorporate the racial experiences of BIPOC youth as an essential component of treatment. Oppression, privilege, and ethical duties, as well as clinical implications and case conceptualization will be discussed.

Objectives

- Define racial trauma and the cultural considerations in treating BIPOC youth in play therapy
- Recall three topics relevant to ethical practice in play therapy
- Implement play therapy techniques to assess and treat racial trauma

SCHEDULE

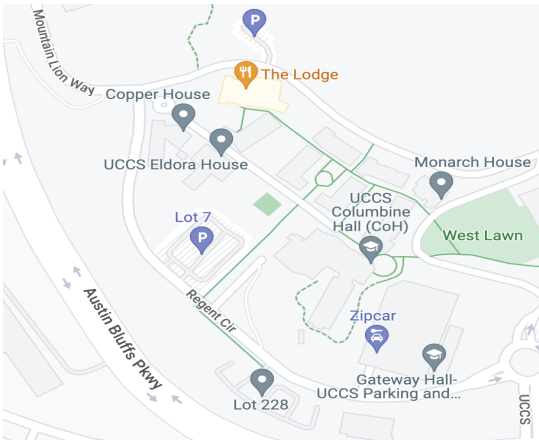
Friday, September 23, 2022

- 8:00am – 8:30am Registration
- 8:30am – 12:00pm Workshop Part I
- 12:00pm – 1:15pm Lunch on your own
- 1:15pm – 4:30pm Workshop Part II

Saturday, September 24, 2022

- 8:00am – 8:30am Registration
- 8:30am – 12:00pm Workshop Part I
- 12:00pm – 1:15pm Lunch on your own
- 1:15pm – 4:30pm Workshop Part II

LOCATION



UCCS Campus

The Lodge

1420 Austin Bluffs
Pkwy.

Colorado Springs,
CO 80918

PARKING

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There will be parking on the UCCS campus in the Gateway Garage and will cost \$6.50 for Friday, and will be free on Saturday. You will need to download the ParkMobile app to get this discounted rate. There is a short walk, including stairs, from the parking area to the Upper Lodge. Upon registration, you will be provided with a parking link, access code and a detailed map of the campus / parking areas.. For those with physical considerations who would benefit from closer access to the Upper Lodge, please email us at coloradoapt@gmail.com further assistance.

ADDITIONAL INFO

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CAPT is a chartered branch of the Association for Play Therapy. The Colorado Association for Play Therapy is approved by the Association for Play Therapy to offer Continuing Education specific to play therapy. CAPT's provider number is **99-049**. CAPT maintains responsibility for this program.

Continuing Education Units/credits (CEUs)

available for this workshop:

12 hours

No audio or videotaping is permitted.

If your agency is paying for your registration, please allow extra time for agency administration to process and mail your registration by the deadline. Please confirm with your office that your registration was sent to us.

REGISTRATION

Registrant Name

Degree/License/Student (indicate University/Program)

Address

City, State, Zip

Preferred Phone Number

Email Address (for confirmation)

APT offers an annual membership, renewable every 12 months, and honors a dual membership system, which ensures all individuals living within a chartered branch territory are members of both APT and their respective branches.

Join APT and the Colorado branch (CAPT) by going to:

<http://www.a4pt.org/?page=Membership>

- I attest that I am joining APT, and thereby joining CAPT before I register for the workshop to take advantage of membership prices. I understand that it will take several days for my membership to be processed before I can register for the conference online.*

PRICING

	ONE DAY	TWO DAYS
MEMBER	\$200	\$300
NON-MEMBER	\$250	\$350
STUDENT MEMBER	\$125	\$225
STUDENT NON-MEMBER	\$150	\$250

- Member pricing is accessible to those with an active membership profile. If you are not seeing your appropriate pricing, reach out to coloradoapt@gmail.com to ensure your profile is up to date.
- Group discounts available upon request. Groups must be five or more individuals. To request a discount, reach out to coloradoapt@gmail.com.
- E-members are not eligible for member rates.
- There are no refunds or credit given on any registrations that need to be canceled.

PAYMENT OPTIONS

- **Online Credit Card Payment** **PREFERRED METHOD**

Go to our website at www.coloradoapt.org

Click on Upcoming Events and follow the registration and payment instructions.

- **Mail in Payment via Check**

Please mail check and registration by 9/10/22

Make payable to CAPT

Mail to: Colorado Association for Play Therapy

PO Box 11641 • Denver, CO 80211

\$_____ (indicate amount)

If you have any questions or need further assistance, please contact us at coloradoapt@gmail.com or 719-422-9410.